



Dear Principal,

**Re: Cork Primary Schools Tug of War Programme 2018/19**

The Irish Tug of War Association and Cork Sports Partnership have teamed up to roll out a Primary School Tug of War Programme in 2018/19. The programme will run across a limited number of Cork primary schools during 2018/19 school year.

The aim of the programme is to introduce 3<sup>rd</sup> and 4<sup>th</sup> class primary school children (Boys, Girls & Mixed) to the Sport of Tug of War in a supportive environment. In return for full commitment to the programme, each school will receive a **Coaching Session, Tug of War rope, Coaching Resource Pack** and **FREE Entry** to the Cork Primary Schools Tug of War event.

This programme is valued at over **€300 per school** and is heavily subsidised by the Irish Tug of War Association and Cork Sports Partnership. The **programme will cost each school €50** to take part in which will be payable upon acceptance to the programme.

I have included the steps of how to get involved in the programme for your information. If you have any questions on the programme, please contact me by emailing [jkirby@corksports.ie](mailto:jkirby@corksports.ie) or 021 4347096.

This form is also available online at [www.corksports.ie](http://www.corksports.ie).

Yours sincerely,

James Kirby  
Sports Development Officer  
Cork Sports Partnership  
c/o Motor Tax Office,  
Model Business Park  
Model Farm Road,  
Cork



## Cork Primary Schools Tug of War Programme 2018/19 – Application Process

### Steps involved in the Application Process

**Step 1:** School registers classes (3<sup>rd</sup> & 4<sup>th</sup>) to participate in the Primary Schools Tug of War Programme by completing the programme registration form.

**Step 2:** Registration will be acknowledged by Cork Sports Partnership.

**Step 3:** Successful schools will be contacted by Cork Sports Partnership to confirm acceptance on to the programme and **invoiced €50** to take part. Unsuccessful schools will be placed on a waiting list for future phases of the programme.

**Step 4:** Following receipt of payment, the Irish Tug of War Association will contact all successful schools to arrange a suitable training day in the school.

**Step 5:** An Irish Tug of War Association coach will deliver the training session as agreed with school.

**Step 6:** School Teachers will deliver weekly Tug of War lessons in the lead up to the Tug of War event which will take place in a Cork City venue. In the event that a large number of schools are located in the same area of Cork, an alternative venue/blitz day may be arranged to minimise travel.

**Step 7:** Schools will be invited to take part in the Primary Schools Tug of War blitz.



Cork  
Sports Partnership  
**Comhpháirtíocht  
Spóirt Chorcaí**  
— SPORT IRELAND —

## Cork Primary Schools Tug of War Programme 2018/19 - Application Form

<b>School:</b>			
<b>School Address:</b>			
<b>School Contact Person:</b>			
<b>E-mail:</b>		<b>Mobile Phone:</b>	
<b>Number of participants at school class level:</b>	<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b>	
<b>Programme Commitment</b>			
<p><b>Please confirm the school's commitment to each of the following items in the Programme (Please tick all programme criteria)</b></p>			
			<b>Tick (X)</b>
❖ Interested in introducing Tug of War in the school			<input type="checkbox"/>
❖ Have access to a hall or yard for delivery of the training day			<input type="checkbox"/>
❖ Organise 3 <sup>rd</sup> & 4 <sup>th</sup> classes to participate in the training day sessions			<input type="checkbox"/>
❖ Commit to delivering Tug of War sessions as part of your P.E programme upon completion			<input type="checkbox"/>
❖ Commit to attending Tug of War Blitz at the end of the programme.			<input type="checkbox"/>
<p><b>Please Note:</b> Places are limited for this phase of the programme and schools will be accepted on a first come, first served basis. Additional schools will be placed on a waiting list for a future phase of the programme.</p>			
<p><b>I acknowledge &amp; understand that full school commitment and attendance is required for acceptance on this programme.</b></p>			
<i>Signed:</i>		<i>Date</i>	
_____		_____	
<i>Contact</i>			