



Cork Primary Schools Tug of War Programme 2018/19

The Irish Tug of War Association and Cork Sports Partnership have teamed up to develop a Primary School Tug of War Programme. The programme will run across a limited number of Cork primary schools throughout the 2018/19 school year.

The aim of the programme is to introduce 3rd & 4th class primary school children (Boys, Girls & Mixed) to the Sport of Tug of War in a supportive environment. In return for full commitment to the programme, each school will receive the following:

- ✓ Coaching Session
- ✓ Tug of War rope
- ✓ Coaching Resource Pack
- ✓ Entry to the Cork Primary Schools Tug of War event

Steps involved in the Application Process

Step 1: School registers classes (3rd & 4th) to participate in the Primary Schools Tug of War Programme by completing the programme registration form.

Step 2: Registration will be acknowledged by Cork Sports Partnership.

Step 3: Successful schools will be contacted by Cork Sports Partnership to confirm acceptance on to the programme and **invoiced €50** to take part. Unsuccessful schools will be placed on a waiting list for future phases of the programme.

Step 4: Following receipt of payment, the Irish Tug of War Association will contact all successful schools to arrange a suitable training day in the school.

Step 5: An Irish Tug of War Association coach will deliver the training session as agreed with school.

Step 6: School Teachers will deliver weekly Tug of War lessons in the lead up to the Tug of War event which will take place in a Cork City venue. In the event that a large number of schools are located in the same area of Cork, an alternative venue/blitz day may be arranged to minimise travel.

Step 7: Schools will be invited to take part in the Primary Schools Tug of War blitz.



Cork
Sports Partnership
**Comhpháirtíocht
Spóirt Chorcaí**
— SPORT IRELAND —

Cork Primary Schools Tug of War Programme 2018/19 - Application Form

School:			
School Address:			
School Contact Person:			
E-mail:		Mobile Phone:	
Number of participants at school class level:	3rd	4th	
Programme Commitment			
<p>Please confirm the school's commitment to each of the following items in the Programme (Please tick all programme criteria)</p>			
			Tick (X)
❖ Interested in introducing Tug of War in the school			<input type="checkbox"/>
❖ Have access to a hall or yard for delivery of the training day			<input type="checkbox"/>
❖ Organise 3 rd & 4 th classes to participate in the training day sessions			<input type="checkbox"/>
❖ Commit to delivering Tug of War sessions as part of your P.E programme upon completion			<input type="checkbox"/>
❖ Commit to attending Tug of War Blitz at the end of the programme.			<input type="checkbox"/>
<p>Please Note: Places are limited for this phase of the programme and schools will be accepted on a first come, first served basis. Additional schools will be placed on a waiting list for a future phase of the programme.</p>			
<p>I acknowledge & understand that full school commitment and attendance is required for acceptance on this programme.</p>			
<i>Signed:</i>		<i>Date</i>	
_____		_____	
<i>Contact</i>			

Please return completed application forms to:

James Kirby, Cork Sports Partnership, c/o Motor Tax Office, Model Business Park, Model Farm Road,
or email jkirby@corksports.ie