

Indoor Golf Activities

With shorter evenings during the Winter and with the unpredictable Irish weather our indoor activities guide is a great way to keep juniors occupied and entertained while indoors. Instead of cancelling sessions last minute you can use some of the ideas here to test juniors golf knowledge and also to socialize as a group.

Course Designer

How to Play

- Discuss what their golf club has – clubhouse, pro shop, practice ground, water hazards, bunkers, different lengths of grass, flags, paths, yardage markers, ball washers, buggies etc.
- Juniors design their own golf resort – this can't just be one hole, it must have the key elements (e.g. *clubhouse, tee box, fairway, green, flag, water hazard, bunker, yardage markers* etc.)
- Juniors can use crayons, old magazines, pictures etc. to design their resort.
- Each Junior gets to share her name and a description of her golf resort (this works on speech making and allows the group to connect)
- Applause should be made after every presentation



Who am I?

How to Play

- Keeping the names hidden stick the post-it notes on the foreheads of everyone in the group
- Each person takes a turn to ask questions to figure out who they are
- For example:
 - Am I alive?
 - Am I female?
 - Am I in a band?
- Only yes or no questions can be asked
- If the answer is no their turn is over
- If the answer is yes, they can ask another question and keep going until they get a no, or guess who they are
- Keep playing until everyone has guess, or if time is short, stop after the first few correct answers



Indoor Golf

Set-up

- Cover a shoe box
- Make 4 different width entrance points (as seen above)
- Set up starting point

How to play

- Juniors go from the “tee box” and record the score for each ball

Adaptations

- Make the entrance points wider/narrower
- Make the starting point closer/further away
- Add in rounds and knock out stages



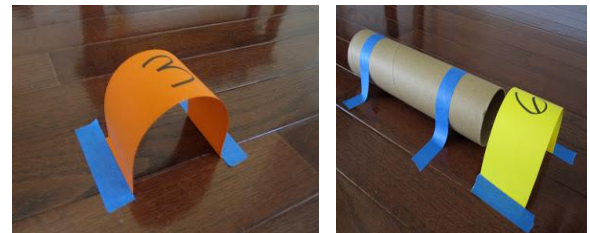
Indoor Croquet

How to play

- Juniors are given the material and asked to set up their own course
- Use tee boxes as starting points and get the Juniors to play their course

Adaptations

- Juniors design one or two holes in pairs to form a course with the other Juniors.
- Start the Juniors at different parts of the course



Tour of the Clubhouse

How to Play

- 6 will do an on course activity whilst 6 do the clubhouse tour with a committee member/leader and then switch over
- Juniors will be given an activity sheet and asked to find the answers in teams of 2. The Juniors with the most correct answers in the allocated time are the winners
- Juniors may ask staff members for help (ensure staff are warned if you are making this option available!)

Challenge fill in the activity sheet, at the end swap with another junior and wait for the correct answers from your leader.

| Player Name: _____ | | | | Date: _____ | | | |
|--------------------------|---|--------|---|----------------------------|--|--------|---|
| No | Question | Answer | ✓ | No | Question | Answer | ✓ |
| 1 | Where do you enter a competition? | | | 10 | Who is the PGA professional? | | |
| 2 | Where do you enter your score when you finish? | | | 11 | What day do juniors play their competitions? | | |
| 3 | Where is the junior notice board? | | | 12 | Where can you store your clubs? | | |
| 4 | Name one thing on the noticeboard. | | | 13 | Name one thing you have to remove before going into the clubhouse. | | |
| 5 | Who was the captain in 2007? | | | 14 | How old is the golf club? | | |
| 6 | What are the opening hours of the bar and restaurant? | | | 15 | What age can you become a member of the golf club? | | |
| 7 | How do you book into a competition? | | | 16 | When is Captains day? | | |
| 8 | How many members are there? | | | 17 | Who is the President? | | |
| 9 | Name 3 things the pro shop sells. | | | 18 | When is Presidents day? | | |
| Total front 9: | | | | Total Back 9: | | | |
| Players Signature: _____ | | | | Total Score: ___/18 | | | |
| Markers Signature: _____ | | | | | | | |

Question Time with the Captain

Questions for the Juniors:

- What they think the role of the Captain is
- Do you know anyone who has been the Captain?
- Get the Juniors to prepare some questions they would like to ask the Captain, they may need a prompt so things like:
- How did you become the Captain?
- How long do you get to be the Captain?
- What kind of things do you do as Captain?
- Who helps you throughout the year?
- What happens on Captains Day?
- Get the Captain to join the group and go through the questions the Juniors have prepared.



Other Indoor Activities Ideas:

- Board Games: Having a selection of board games in the golf club is a great way for juniors to socialize if it is raining out.
- Movie evening: Having a movie evening is a nice way to keep your juniors involved in the club and socializing on weeks between junior activities/ lessons and over the Winter months.
- Disco/ party: You can have a end of year/ summer party/ presentation night for the juniors. You could run a scramble/ competition before and have juniors dress up for the occasion Halloween/ Christmas.
- Quiz: Handicap quiz and rules quiz are available for download on our website.
- Word search- beginner and advanced wordsearches are available on our website for download.
- Charades
- Poster Competition: these can be themed for upcoming events or holidays e.g. Easter, Captains Day, Captains Drive in, Halloween, Christmas