

Name of Group:	ABC Support Group - SAMPLE
Which of the following best reflects your group?	Community Disability Support Group who provide sport or physical activity
Lead Contact Person:	Kate Feeney
Role / Position within your Group:	Secretary
Email of Lead Contact Person:	kfeeney@corksports.ie
Phone Number of Lead Contact Person:	(353) 867-9479
Address of Group:	Model Farm Business Park, Model Farm Rd., Cork Cork, T12 XP80
Please provide Website and Social Media details, if applicable.	Webpage: www.corksports.ie Facebook: @CorkSportsPartnership Twitter: @Corksports Instagram: @CorkSportsPartnership
Is your group affiliated to, or registered with any relevant local, regional or national body?	No
Please provide a brief description of your group i.e. purpose, target group etc.	We are a parent led support group who work with children with dyspraxia, aged 5-12years, we also support youth aged 13-18years through a range of activities and programmes.
Have you previously applied for, or received COVID 19 related funding support?	No
Please indicate the total amount of funding being applied for to this fund?	€1000
1. Training and Education	100
2. Participation Opportunities in Physical	400

Activity / Sport

3. Equipment & Resource Provision 300

4. Communication & Marketing 200

Briefly outline what you will use the funding for in each of the above categories?

Training & Education: The funding will be used to support our volunteer leaders to receive Sports First Aid and the Coaching Children in Sport Workshops.

Participation Opportunities in Sport & Physical Activity: The funding will be used to fund a local training to deliver an online 6-8 week programme for our children to keep active. We will deliver 2 sessions, one focusing on the younger children, one focusing on the older children. The sessions will be a mix of movement, fun activities and stretch at the end. We will also aim to use the funds to host a fun family day outdoors over the summer months for the children and their families.

Equipment Provisions and Resources: The fund will be used to purchase equipment to help with the classes, each child will get a yoga mat, dyna band, 2 beanbags and we will print the Activities For All booklet for all the children to include in their packs.

Communication and Marketing: We will use the funding to get a local photographer for the family fun day to celebrate the children's achievements and showcase how active they have been during lockdown to share with local papers and across our social media. These photos will also be shared with Cork Sports Partnership.

How will the above action sustainably increase physical activity and/or sport participation for people with disabilities in your community?

The above action will help keep our children active so they are ready to reengage with our activities when we return as we offer sport and physical activity sessions as part of our group. The equipment will also encourage daily and ongoing use for children while at home.

Please outline the timeframe your group aim to implement the above actions.

We will have the training and education booked and completed by May.

We will order and have the equipment ready for the children by June.

We will begin the online activities in June / July and aim to have the family fun day over between August / September.

Have you engaged with Cork Sports Partnership, Cork SportsAbility programme previously?

Yes

If YES, please give brief details.

We have visited Cork SportsAbility Day and taken part in activities during Cork SportsAbility Week. We have completed the learn to cycle programme with our children.

Any additional information your group wish to add.

We would welcome this funding to support our children and their families to keep active. We have noticed our children have been less active and have not been able to attend appointments

with physios etc so this funding will be invaluable to help restart our group. We want to be ready when restrictions open with some fun activities to look forward to so this funding will really help us make this a reality. Thank you.

I declare that I have reviewed and approve this application, and that the information given in this funding application is true and accurate. I understand that in the event that our group's funding application is successful, we will be required to commit to terms and conditions, including a short report form. I hereby apply for the Cork SportsAbility Resilience Fund 2021.

Yes