



Cork  
County Council  
Comhairle Contae Chorcaí



Cork  
Sports Partnership  
Comhpháirtíocht  
Spóirt Chorcaí  
— SPORT IRELAND —

## Cork County Council Water Safety Awareness Flag

The Cork County Council Safety Awareness Flag is a programme for Primary & Post Primary Schools actively promoting safety & learning life skills regarding decision making, role modelling behaviour & taking responsibility for our actions.

The programme provides a **FUN & INTERACTIVE** introduction to awareness of personal safety around water, road & on the farm. It combines teamwork, skill, reflection, and the opportunity to participate in experiential learning through **interactive activities, board & card games, books, worksheets, art, song, dance, project work & presentations**. Limited visits remaining between September 2018 – April 2019.

### Programme Details & Steps Involved

**Step 1:** School registers to participate in the Cork Co. Council Schools Safety Flag Programme by filling out the registration form and returning it to Cork Sports Partnership.

**Step 2:** Registration will be acknowledged by the Cork County Council Water & Road Safety Development Officer, Caroline Casey.

**Step 3:** Date, time & classes to participate will be agreed between the school and Caroline.

**Step 4:** The senior classes in the school will be trained by Caroline to do some peer learning with the younger children through using resources, holding activity days & role modelling safe behaviour themselves. Programme is rolled out in the school as agreed in advance.

**Step 5:** Sustainability of Safety Education Commitment in the school is discussed & agreed. Thinking Safety, using our Common Sense, taking responsibility for our actions & taking 30 seconds to self-assess before making decisions becomes part of the schools ethos.

**Step 6:** The school will be invited to an Award Ceremony in County Hall where they will receive their much coveted Cork Co. Council Safety Flag from The Mayor of Co. Cork.

All stages will be completed in a practical manner with the least amount of disruption to the school day as possible. The learning outcomes will be invaluable for the pupil's everyday lives. These are Life Skills.

### School Resource Pack

- 1 x Water Safety Awareness Flag & Certificates
- 5 x Board Games based on Water, Road & Farm Safety Fundamentals.
- 1 x Water Safety Card Game
- 1 x Reader "Sally & Jake Wise up around Water" & worksheets.
- 1 X Reader "Sally & Jake on The Farm" & worksheets.
- Irish Water Safety PAWS pack with posters, leaflets, magazine & CD.
- Road Safety Story Book written by Co. Cork School Children.
- Junior Water & Road Safety Officer Handbooks for the Schools Safety Squad.
- Presentation that the Senior Students can use to teach the younger children in the school.



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## Water Safety Awareness Programme Outline

The Cork County Council Safety Awareness Programme was developed to help school children of all abilities to learn how to make better choices around their personal safety. All participants in the programme will learn how to make safer informed decisions while around water, on the road or farm.

### Where and how the programme works

- Training takes place in the school. (Classroom/ Hall Subject to suitability)
- **2 – 3 hour session.** A number of sessions can be arranged for larger schools if required.
- **Max 55 participants** per school session. (Confirmation by Water & Road Safety Officer at booking)
- All necessary equipment is provided. (A4 blank sheets & colours to be provided by the school)
- All senior classes and abilities catered for.
- All children will receive a Certificate of Participation on completion.

### What is covered in the programme?

- 1 -2 Sessions per school based on Water/Road/Farm Safety.
- 14 Steps to keeping yourself safe around water.
- How to recognise that the lifeguards at the beach or in the pool are signalling to me.
- Signalling for help to lifeguards. Making an emergency call.
- Flags at the beach & what they mean.
- Safety on the Farm – Vehicles, Machinery, Animals, Water.
- How to recognise a Rip Current.
- Weather & Sea Conditions.
- What are Ring Buoys & how to use them.
- Setting up of a Safety Squad in the School.
- How to recognise dangers around water.
- Road Safety – Cycling, Pedestrians, Car Passengers, Safe Behaviour around the road & how to make safe decisions.
- Farm Safety – Identification of hazards, behaviour & attitude at a workplace. Animals, Machinery, Water & other related hazards.

### How to get involved?

To get involved in this exciting programme, complete the enclosed application form and return to the Cork Sports Partnership as soon as possible. Schools will be selected on a first come, first served basis, provided that they meet programme criteria. Limited places available for the 2018/2019 academic year.

Further Information contact: James Kirby, Cork Sports Partnership on 021 4347096 or email: [jkirby@corksports.ie](mailto:jkirby@corksports.ie)



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## Cork County Council Water Safety Education Programme - Application Form

School:		Primary or Post Primary
Address:		
E-mail:		
School Contact:	Mobile:	
E-mail:		

**Programme Criteria:** (Please tick boxes to indicate you can meet programme criteria)

- Interest in getting involved in this initiative which will feed into the existing school curriculum
- Facilitate the introduction to Safety Programme as an activity in the school timetable throughout Programme (1-2 visits depending on number of classes)
- Provision to be made within school for the sustainability of Water Safety Education on completion of Programme (See samples of Sustainability)

**Get involved & help educate the youth of Cork around water, road & farm safety today!**  
139 Flags awarded since 2015 – Join our Wise Up Around Water Revolution. Limited places remaining.

**Programme funded by Cork County Council. PAWS Resources provided by Irish Water Safety.**

**Signed:**

**Date**

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Contact

**Closing date for receipt of applications for 2018/2019 school programme is Friday 28<sup>th</sup> October 2018**

Following Friday 28<sup>th</sup> October, schools will be placed on a waiting list for 2019/2020 school year.

Please return completed application forms as soon as possible to guarantee registration for this FREE LIFESKILLS EDUCATION to:

James Kirby, Cork Sports Partnership, c/o Motor Tax Office, Model Business Park, Model Farm Road, Cork  
or email [jkirby@corksports.ie](mailto:jkirby@corksports.ie)



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## Cork County Council Water Safety Flag - Sustainability Requirements

All schools interested in taking part in the Cork County Council Safety Flag Programme **MUST** commit to and demonstrate sustainability on achievement of the Flag Award.

### This can be achieved in a number of ways:

- Link with the local Water Safety Club
- Implement a Water Safety Awareness Programme within the school. E.g. Board Games on Wednesdays, Reader on Tuesdays, Card Games on Fridays, Peer Learning once per fortnight.
- Link with an existing water safety related programme e.g. Have PAWS syllabus included as part of the annual school swimming lessons
- Participate in any Cork County Council/Local Sports Partnership/Cork Area Water Safety Awareness Events
- Participate in Local participation/recreational swimming lessons/safety weeks/ events
- Participate in National Water Safety Week by having a school event to highlight same
- Older pupils plan & facilitate Safety Talks/Workshops in school for the younger children and or parents.
- Actively promote safe swimming as a form of Physical Activity
- Encourage a visit from the RNLI, Coast Guard or similar safety organisation

**Please note: These are only examples and schools are encouraged to come up with their own ideas on how to promote water, road & farm safety within the school outside of the programme.**

If you have any questions or queries regarding items that can be included as sustainable water safety promotion, please contact Caroline Casey, Water & Road Safety Development Officer, Cork County Council via email [caroline.casey@corkcoco.ie](mailto:caroline.casey@corkcoco.ie)