

Parental Consent Form



Please note that the Fit4Youth Programme takes place <u>outside of school hours</u> so therefore require parental consent of participants to attend. Please complete the following form and tick where appropriate					
Participant Name					
School					
	Parent/Guardian signature		Mobile No	:	
	Please print name		Date	:	
0 0 0	 I understand that this is a 6 week exercise programme for approx 1 hr each week and that my child is fit to participate I understand that this programme takes place outside of school hours so will ensure my child is dropped off and collected as required 				
Please return his form to the teacher/youth leader coordinating the programme in your school or youth project prior to commencing the programme					
Programme 1: CIT Athletics Track- 6 Weeks- starting Tuesday Oct 2 nd – 4.15pm – 5.15pm Programme 2: Mardyke Arena Track UCC- 6 Weeks- starting Monday Oct 1 st - 7.00pm – 8.00pm					