



CYCLE RIGHT CHARTER –Trainees and Parents/Guardians



Trainees

All **CYCLE RIGHT** trainees will;

- Have submitted a completed consent form including emergency contact details
- Ensure that any equipment they bring to use in the course of training is fit for purpose
- Commit to the effort and behaviour required to ensure successful training
- At all times follow the direction of a trainer and treat their fellow trainees with courtesy and respect

Parents/Guardians/Adults

All Parents/Guardian/Adults will;

- Complete and sign the consent form to give permission for their own or a child's participation in **CYCLE RIGHT** training
- Ensure their own or a child's equipment – bicycle/helmet – is fit for purpose and arrange any repairs necessary to ensure this
- Support the training process by encouraging a child to behave appropriately and attentively during sessions while being respectful of trainers and other trainees at all times
- Support the safe cycling message they or their child is being taught by always striving to cycle in a safe way, following the rules of the road, with due care and respect for other road users, and by dressing appropriately for theirs and their child's safety on the road (Hi-viz and helmets)
- Undertake to support themselves or a child in the course of training by following up with exploring online resources which will further the benefits of training
- Where possible, accompany a child in cycling on the road between sessions to facilitate opportunities to practise skills learned in training and undertake their own practise as appropriate
- A Parent/Guardian can help by talking a children through the Pupil/Parent/Guardian Guide and explaining and reinforcing the safe procedures highlighted
- A Parent/Guardian has ultimate responsibility for their child's safety and has a vital role to play in ensuring that 'on-road' experience is gradual and in line with ability to deal safely with any situation, e.g. starting with quiet roads. A training adult should follow the same learning path for themselves
- A Parent/Guardian/Adult is also responsible for the general road worthiness of their own and/or a child's bicycle and for safety aids such as reflective/fluorescent gear to heighten visibility and cycle helmets designed to help reduce the severity of possible head injuries
- A Parent/Guardians/Adult should also ensure that the child and the bicycle arrives and returns safely from the training site and is responsible for themselves when attending or returning from a training site.

The **CYCLE RIGHT** programme is intended to be an introductory, progressive guide to safe and responsible cycling, as opposed to a one-off course that will equip trainees to be competent, confident cyclists from the outset.

In this context, it is hugely important that trainees have the opportunity to practise with an experienced cycling road-user both between sessions and after the course is concluded, to allow them to continue to develop on the pathway towards becoming safe, responsible road-users themselves.