

Regional Park Ballincollig - Permanent Orienteering Course



**Permanent Orienteering Course
Control Descriptions:**

- Start - Boulder
- 1 Track Bend
 - 2 Man-made object, North side
 - 3 On Path
 - 4 Small Depression
 - 5 Vegetation Corner
 - 6 Small Depression
 - 7 On Path
 - 8 Fence Corner
 - 9 West End of Earth Bank
 - 10 South East Side of Thicket
 - 11 Vegetation Change
 - 12 Pit
 - 13 East Side of Earth Bank
 - 14 North Side of Tree
 - 15 East Side of Tree
- Finish - Boulder

Recommendations:

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For a short course get controls 1 to 5.
For a medium course get controls 1 to 10.
For a long course get all controls.
You can time yourself.
Try a different sequence next time.



Control Post

For further information and help about this sport see:
www.corko.net
www.facebook.com/corkorienteering
email: corko@orienteering.ie

Orienteering is an adventure sport, participants take part at their own risk.

Cross all canals using bridges only.

As this is a public park please be aware of other park users.

There are no controls within any building or ruin.

Time at Finish:	<input type="text"/>
Time at Start:	<input type="text" value="-"/>
Time taken:	<input type="text"/>

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
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