



Cork
County Council
Comhairle Contae Chorcaí



Cork
Sports Partnership
Comhpháirtíocht
Spóirt Chorcaí
— SPORT IRELAND —

What Cork Schools are saying about the Water Safety Flag Programme

Killavullen NS

Just a quick word to say how impressed we were with Caroline Casey's workshops on Safety. Her delivery was perfectly pitched to each age group and she had them all engaged throughout the day.

The whole school has gone through the lessons she emailed us a few months back in preparation for today. The quality of these resources, which Caroline made and provided were also top class. Engaging, informative and fun for the kids.

We all learned new things today and at the perfect time of year coming into the summer holidays.

Cork County Council and Caroline are to be commended on their delivery of another important initiative. We would welcome the talk every year!!

Damien Fallon
Príomhoide
Killavullen NS

St. Mary's Senior School, Dunmanway,

Dear Caroline

I am emailing to thank you most sincerely for your input today. Your enthusiasm and in-depth knowledge ensured the children were both well-informed and entertained during your session. It was noteworthy the manner in which you linked your safety points to children's local experience of outdoor swimming in the Falls and nearby beaches.

Wished you continued success

Ballinadee NS

Dear Caroline,

Thank you for visiting us today. We are thrilled to have the water safety flag flying in our school. We were all so impressed by your energy and passion. You are one of the best speakers we have had to the school. I will be in touch to let you know how we get on with the swimming lessons.

It would be fantastic if there was some scheme by which we could lessen the cost of swimming through the school to children.

All the best,
Alice Kingston, Principal



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Kilbolane NS



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Good morning Caroline,

On behalf of the pupils, staff and myself may I express our sincere thanks to you for organizing the presentation yesterday. The session was very informative and presented in such a way that the children related to it. It may prevent a serious incident in the future.

Our gratitude to all concerned!

Many thanks,

Regards,

Hannah

Kilbolane NS

Bishop Aherne NS

Hi Caroline,

Thank you for facilitating a lovely day yesterday. We were amazed this morning at the knowledge the children had given to family members. They certainly came away with a wealth of information

Thanks again

Eileen McAuliffe

Bishop Aherne NS

Another comment from a student in fifth class...

"You were very helpful and your way of teaching is excellent because now I'm able to spot a rip current and you get us to figure it out by ourselves and if you keep going to schools you will prevent many accidents from happening. Thank you for your help"

"You were very helpful and helped me learn about water safety" - sixth class pupil

"I found the talk very interesting and helpful" - fifth class pupil



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"The water safety talk was lots of fun and it will help us a lot" - fifth class student

"We all passed on the brilliant info you shared with us" - sixth class student

"Thank you for letting us have this experience. Who knows? it might save one of our lives" - fifth class student

Attached please find a copy of the poem. We had such a great day yesterday- the kids really enjoyed it. Sincere thanks for everything. We are so proud to have the flag!

Safety Poem by Cork School Children

It was just another school day
With lots of work to do
When a woman called Caroline
Came to tell us a thing or two!

We learned about safety
On water and on the road
We made up special chants
And spoke about the Safe Cross Code!

We learned about the good
And we learned about the bad
We heard stories that were happy
And stories that were sad

Caroline said "when you're at the beach,
Swim between the flags
Yellow and red are good
And all red is bad!"

She explained- at inland waterways,
Please don't be dareful
If you get a strange, odd feeling,
Make sure to be so careful

She gave some strong advice
Not to steal a ring buoy
And asked us to remember
They are not a toy



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If in trouble in the water
She told us don't forget to yell
Stick your hand up high
And scream out a massive HELP!

We realised helmets are crucial
For safety on the road
As well as hi-vis jackets
Walkers who survived are those that glowed

Caroline helped us to remember
Our safety is in our hands
We must stay away from slurry pits
And avoid sand dunes and boggy lands

Thanks to all the work she's done
Cork will hopefully remember
That safety is our priority
From January to December

Caroline, we are so grateful,
And we really now must say
We thank our lucky stars
That you came to us that day!