



## Cork Sports Ability Resilience Fund 2021 Guidelines Document

Cork Sports Partnership as part of the Sports Inclusion Programme are delighted to announce the launch of the **Cork SportsAbility Resilience Fund 2021**. The goal of the Cork SportsAbility Resilience Fund is to respond to the Covid-19 pandemic and ensure people with disabilities across Cork City and County can be active and access physical activity opportunities, while living with Covid-19.

### What is the Cork Sports Ability Resilience Fund?

This fund aims to support disability services, community / parent led disability groups and disability sports clubs in Cork to activate their groups, reengage their participants and continue striving towards a culture of active and healthy lifestyles for people with disabilities in Cork

### Who is the fund aimed at?

Disability Services | Community or Parent Led Support Groups | Disability Sports Clubs

### How much funding is available?

The above groups can apply for funding of **up to €1,000** per application. Groups should not feel that they have to apply for the full amount to be considered for support. In the case of disability services, where applications are submitted on behalf of multiple sites, funding amount concessions will apply.

### What can groups apply for?

Cork SportsAbility Resilience Fund 2021 consists of the following category areas:

1. Training and Education Leadership
2. Participation Opportunities in Sport & Physical Activity
3. Equipment and Resource Provision
4. Communications

### Steps and How to apply?

1. Read guidelines and category details below.
2. Identify the category or categories your group wish to apply for financial support.
3. Review questions above and have all necessary details ready.
4. Visit: [www.corksports.ie/cork-sportsability-resilience-fund-2021](http://www.corksports.ie/cork-sportsability-resilience-fund-2021)
5. Complete the online application form and submit.
6. Receive confirmation email on receipt of submission.

## 1. Training and Education

Providing training and education opportunities for coaches, volunteers, staff, members, players and any personnel who assist the delivery of sport & physical activity for your group. Examples include, but not limited to:

- a. Sports Inclusion & Disability Awareness Webinar
- b. Autism in Sport Online Training
- c. Safeguarding
- d. Sports First Aid
- e. Coaching Children & Physical Literacy Workshops
- f. WellComm Active Initiatives i.e. Healthy Food Made Easy
- g. Athlete leadership courses
- h. Or any other training and education your group identify to support a local need.

## 2. Participation Opportunities in Sport & Physical Activity

Providing sport and physical activity participation opportunities for your children, young people and adults with disabilities to keep active. Examples include, but not limited to:

- a. Enhancing existing programmes / events that are working well for your group i.e. walking or step challenges, exercise classes, orienteering activities
- b. Linking with local community agencies / facilities to provide physical activity programmes / events i.e. online mobility and movement classes, 6 week yoga and mindfulness programmes, couch 2 5km etc.
- c. Linking with Cork Sports Partnership led initiatives

Please ensure to outline in your application the activity type, duration & frequency of sessions.

## 3. Equipment and Resource Provision

Providing sport and physical activity equipment to assist delivery of programmes, and / or, Covid 19 Infection Control Measures to ensure safe return to delivery of activities. Examples include, but not limited to:

- a. Sport & Physical Activity Equipment – Examples include, but not limited to sensory play equipment, yoga mats, small exercise equipment; dyna bands or multi-use equipment; cones, beanbags, parachutes etc.
- b. Resources needed to access online exercise classes i.e. chromecast, projectors, screens etc.
- c. Covid-19 Hygiene Supplies i.e. sanitisers, face masks, signage etc.

#### 4. Communication & Marketing:

Providing opportunities to create marketing materials and campaigns to assist with creating awareness & promoting the physical activity opportunities your group has to offer. Examples include, but not limited to:

- a. Marketing materials i.e. posters, flyers, signage etc.
- b. Photographer costs to capture coverage of your programmes / event
- c. Promotional videos and campaigns of your groups programmes / event

#### Please note the following Terms and Conditions:

- Only one application can be submitted per group. Funding will be awarded through a competitive bid process.
- **The online application form must be filled out in one attempt**, there is no facility to save the form and return to it.
- All questions included are listed below so applicants have all information to hand when completing the application form.
- A bank account associated with your group must be available for which to draw down funds.
- Groups should not feel that they have to apply for the full amount to be considered for support. **In the case of disability services, where applications are submitted on behalf of multiple sites, funding concessions will apply.**
- No canvassing rules apply. Canvassing will result in disqualification.
- Funding will be awarded through a competitive bid process.
- Decision of committee will be final and no late applications will be accepted.
- By applying for this funding and if successful, our group agree to submit a short report outlining the actions completed and impacts as a result of this financial support.
- Only groups that demonstrate in full a requirement for this support and can adhere to funding guidelines and criteria are eligible for the full amount.

#### Data Collection & Processing:

We, Cork Sports Partnership, collect the personal data provided below for one or more specific purposes, on the basis of public authority to our statutory duties. The purposes and reasons for processing your personal data are detailed below:

- Identifying and evaluating organisations that apply for funding.
- Organisation overview and governance. Conducting compliance checks.
- Delivery of efficient services to meet organisations needs.
- Recording and communicating the activities of our organisation and other organisations to stakeholders.
- Facilitating future contact with relevant stakeholders.
- In order to comply with a legal obligation.
- Research and development of sports participation.

We do not share or disclose any of your personal information without your consent, other than for the purposes specified or where there is a legal requirement. The minimum amount of personal information is shared with Sport Ireland. The information above should be read in conjunction with the privacy notice on our website- [www.corksports.ie/privacy-policy](http://www.corksports.ie/privacy-policy)

## Application Form Questions:

### Group Details

1. Name of group, service or club applying?
2. Which of the following best reflects your group?
  - a. Disability Service Provider
  - b. Community Disability Support Group
  - c. Parent led Disability Support Group
  - d. Disability Sports Club
  - e. Other, please specify.
3. Lead contact person / Role within your group / Email / Phone Number
4. Address of group
5. Please provide website and social media details, if applicable.
6. Is your group affiliated to, or registered with any local, regional or national organisation
7. Please provide a brief description of your group i.e. purpose, target group you support

### Funding Details:

8. Have your group previously applied for, or received Covid 19 related support funding?
9. Please indicate the total amount of funding being applied for?
10. Please provide a breakdown of intended expenditure across the 4 category areas. Please note you can select one or more.
11. Briefly outline what you will use the funding for? Include who is it targeted at, purpose, duration and delivery approach.
12. How will the above action sustainably increase physical activity or sports participation for people with disabilities in your community?
13. Please outline a timeframe you group aim to implement the above actions.
14. Have you engaged with Cork Sports Partnership, SportsAbility programme previously?
15. Any additional information you wish to add.

### Key Dates:

- Application process opens **March 1<sup>st</sup> 2021**
- Application process closes **April 2<sup>nd</sup> 2021**

For more information on any of the above, please contact Cork Sports Partnerships Sports Inclusion Disability Officer, Kate Feeney on [kfeeney@corksports.ie](mailto:kfeeney@corksports.ie)