

GORK WALKING MONTH 2022

MAY 1ST - 31ST
- Get Cork Walking -



Walking Events

Rebel Ramble Series

Dunmanway - West Cork

Youghal - Inclusive Walk

Mushramore - North Cork

Coastal Walk - Courtmacsherry

*Rebel Rambles are introductory trail & hillwalks
facilitated by local clubs, groups and leaders.
Please check walk details for suitability*

Workshops

Pole Walking Workshop -
Trabeg Sports Centre

Walk Your Way Workshop - Ballincollig

Walk Your Way Workshop - Carrigtwohill

Intro to Map Reading Skills for Trail Walking

Corrin Wood, Fermoy | Curragh Wood,
Midleton | Glensheskin Woods, Kilworth |
Canon Sheehan Loop | Glenanair Forrest

Programmes

Active Community Walking Programme

Gurranabraher - Cork City

Hollyhill - Cork City

Ballinlough - Cork City

Togher - Cork City

Carrigtwohill - East Cork

Skibbereen - West Cork

Dunmanway - West Cork

Millstreet - North Cork

Activator Pole Walking Programme

Mallow - North Cork

Dunmanway - West Cork

Donoughmore - Mid Cork

Gurranabraher - North Cork

Youghal - East Cork

Midleton - East Cork

www.corksports.ie

About Cork Walking Month

Cork Walking Month is an opportunity to celebrate walking by getting involved with a local group or club or participate in some of the many events, workshops and programmes taking place across the month.

Cork Walking Month will take place from **May 1st – 31st** and is a celebration of all walking activity across Cork. The campaign seeks to encourage people to experience a multitude of walking opportunities in their local area and beyond.

You can get involved in any of the events, programmes or workshops by simply visiting our website.

www.corksports.ie

or check out any of our social media channels for more details.



Other Walking Opportunities

Family Orienteering Events

Ballincollig Regional Park

Fitzgeralds Park

Tramore Valley Park

Carrigrenan Park, Little Island

Glen River Park, Cork City

Bookings for family orienteering events are required at least 3 days in advance

Walking Clubs & Groups

Join a Group or Club in Cork

40 Community Walking Groups

26 Hillwalking Clubs

Visit www.corksports.ie to find out more details on clubs and groups in Cork

**GET CORK
WALKING**



Cork
Sports Partnership
Comhpháirtíocht
Spóirt Chorcaí

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